

Spotlight: Health Matters Now Available!

The second edition of "Health Matters" hit mailboxes in Omaha/Council Bluffs mid-July.

Leader's Voice: We're Growing- Orthopedic Neurology Unit

A letter from President and CEO Gary L. Honts and Chief Nursing Officer Mary Anne McCrea.

People First: Margie Curran Named Employee of the Month!

Curran was selected as the Employee of the Month for July because of her willingness to go the extra mile for a terminally ill cancer patient on 5500.

Patient Focus: Creighton University Medical Center Recognized by the American Heart Association

Creighton University Medical Center (CUMC) has been recognized for achievement in using evidence-based guidelines to provide the best possible care to patients through The American Heart Association/American Stroke Association's Get With The Guidelines® program.

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Spotlight: Health Matters Now Available!



The second edition of “Health Matters” hit mailboxes in Omaha/Council Bluffs mid-July. Launched Spring 2010, “Health Matters” is a quarterly magazine that includes new physician introductions, recipes from the Creighton Cardiac Center, and in depth articles about service lines offered at Creighton University Medical Center.

This issue features articles on high-risk pregnancy, early detection of breast cancer, abdominal cancer, the new electrophysiology lab and GERD.

The magazine is available online at creightonhospital.com. To subscribe to the printed publication please send your name and mailing address to kelsey.archer@tenethealth.com.

A monthly “Health Matters” e-newsletter is also sent to subscribers. To sign up for the e-newsletter [click here](#).

Leader’s Voice: We’re Growing- Orthopedic Neurology Unit

We have seen tremendous orthopedic volume growth, along with simultaneous growth in our general medicine volumes. In order to best serve our patients and maintain our standards of excellent care in orthopedics, the time has come to open a dedicated orthopedic neurology unit at Creighton University Medical Center (CUMC).



This exciting development will begin with the designation of 5400 as a specialized orthopedic neurology unit, providing inpatient rooms dedicated to orthopedic cases. We will be adding two new orthopedic surgeons at the beginning of August in response to increased patient volumes. Similarly, we will be hiring additional staff to specialize in orthopedic care, including: Unit Director, RNs and RN Navigator. New programs will be implemented for staff to grow with this new, dedicated orthopedic unit.

It's an exciting time here at CUMC, as increasing patient volumes have led to our growth and expansion.

The new orthopedic unit is just one example of the kind of developments we can look forward to. New challenges create new opportunities, and we will continue to build our medical center into a premier facility for our staff, patients and community.

Sincerely,

Mary Anne McCrea
Chief Nursing Officer

Gary L. Honts
President and Chief Executive Officer

People First: Margie Curran – Employee of the Month



Margie Curran was selected as the Employee of the Month for July because of her willingness to go the extra mile for a terminally ill cancer patient on 5500.

She made arrangements for him to go to a Hospice House in Iowa where he could live out the end of his life. Curran also helped reconnect him with his family who he had not been in contact with for over 20 years. They traveled to see him while he was a patient here and participated in his care at the hospice house.

Laura Peet-Erkes who nominated Curran said, “Their presence was not really necessary for the patient’s plan of care, but by going above and beyond, Curran was able to facilitate this reunion before the patient’s death.”

Curran has worked in social work at Creighton University Medical Center since 2008.

“I feel very honored to be nominated but know that my colleagues deserve it as much or more than I do. What I enjoy most about working here is that there is never a dull moment. My job is very interesting and rewarding,” said Curran. “I love the people I work with; not only the people in this department but the nurses and therapists on the floor.”

Pictured, President and CEO Gary Honts recognizes Curran as employee of the month. Curran’s work was also recently recognized by Dr. Mohiuddin at the Medicine Department banquet.

“Margie is truly an asset to the Social Work department and lives out the mission of the hospital each and every day,” said Peet-Erkes.

Patient Focus: Creighton University Medical Center Recognized for Implementing Quality Heart Disease Care



Creighton University Medical Center (CUMC) has been recognized for achievement in using evidence-based guidelines to provide the best possible care to patients through The American Heart Association/American Stroke Association’s Get With The Guidelines® program.

Creighton University Medical Center is listed in a special advertisement in the “America’s Best Hospitals” issue of *US News & World Report* (August issue, available July 27) this commemorates our receipt of Get With The

Guidelines Gold Performance Achievement Awards in coronary artery disease (CAD) and in heart

failure treatment. A total of 961 awards were given for achievement in coronary artery disease, stroke and/or heart failure treatment.

“We are proud that the American Heart Association and American Stroke Association have chosen the ‘America’s Best Hospitals’ issue of *US News & World Report* to recognize Creighton University Medical Center for our achievements in their Get With The Guidelines program,” said Creighton University Medical Center President and CEO Gary Honts. “Get With The Guidelines gives our professionals the tools and reports they need to effectively treat our coronary heart disease, heart failure and stroke patients.”

Get With The Guidelines is a hospital-based quality-improvement program designed to ensure that hospitals consistently care for cardiac and stroke patients following the most up-to-date guidelines and recommendations. The program addresses coronary artery disease, heart failure and stroke. Currently more than 1,400 hospitals participate in the program.

Hospitals recognized in each category achieve at least 85 percent compliance to Get With The Guidelines measures. Those achieving 85 percent compliance for 24 consecutive months receive the Gold Performance Achievement Award. The Silver Performance Achievement Award goes to those with 85 percent compliance for 12 consecutive months. Special recognition is also given for those hospitals achieving 85 percent compliance in two or all three categories and/or for being in 75 percent compliance with heart failure and/or stroke measures.

The American Heart Association/American Stroke Association’s advertisement recognizes CUMC’s commitment and success in performance achievement.

“The American Heart Association is pleased to recognize its top Get With The Guidelines participants,” said Lee Schwamm, M.D., national chairman of the Get With The Guidelines steering committee, associate professor of neurology at Harvard Medical School and Vice Chairman of Neurology at Massachusetts General Hospital. “Healthcare providers who use Get With The Guidelines are armed with the latest evidence-based guidelines and immediate access to clinical decision support, using a set of tools that have been shown to improve delivery of evidence-based care. The goal of this initiative is to improve the quality of life and help reduce deaths and disability among patients with heart disease and stroke.”

Schwamm added, “Published scientific studies are providing us with more and more evidence that Get With The Guidelines works.”

Creighton Researcher to Seek Novel HIV Treatments



A human immunodeficiency virus (HIV) expert at Creighton University School of Medicine has been awarded a five-year, \$1.8 million grant from the National Institutes of Health to study and identify new targets for developing anti-viral drugs to fight HIV, which causes AIDS.

While HIV infection is incurable, treatment with a combination of anti-retroviral drugs can reduce virus replication to undetectable levels and forestall the disease’s progression. However, in the last decade, there has been a stark increase in the prevalence of multi-drug resistant viruses, noted Michael Belshan, Ph.D., Creighton assistant professor of medical microbiology and principal investigator for the study.

“If we are to continue to repress HIV replication in infected individuals, we must develop new inhibitors that are effective against drug-resistant strains of the virus,” he said. “Drugs that target novel areas of replication have the greatest probability to be effective.”

The Creighton study's goal is to use advanced proteomic techniques to identify and characterize new virus-host cell interactions in vitro by isolating and analyzing HIV protein complexes. Belshan's laboratory group will study such aspects of HIV replication as virus uncoating, preintegration complex (PIC) assembly and transport, viral transcriptional regulation, and virus assembly and release.

Mimick Named Creighton Cardiac Center Administrator



Constance Mimick has been named administrative director for The Cardiac Center of Creighton University.

Mimick joined *The Cardiac Center* in 2007 as a clinical administrator. Prior to that, she held administrative positions with Nebraska Medical Center as well as Tenet Healthcare Corp. in Fort Lauderdale, Fla., and in Omaha at the former St. Joseph Hospital, now Creighton University Medical Center.

Mimick's "vast administrative experience and excellent performance as interim administrative director of The Cardiac Center, along with her dedication to the mission of Creighton University, make her the perfect person to lead us into our 50th year," said Dennis Esterbrooks, M.D., director of The Cardiac Center.

In her new position, she will be responsible for helping to plan, direct and manage the center's annual operating budget and more than 200 employees. She will also play a key role in strategic planning, business development, revenue enhancement, contract coordination and program improvement.

Yoga Classes Offered Through August



Yoga can improve the health and wellness of any individual interested in improving their level of fitness or reducing their stress level. Based on the ancient fitness science of hatha yoga, this class style blends balance, strength, flexibility and relaxation in a fitness format. This yoga class overcomes the mystery of yoga and delivers a practical, user-friendly style, which is accessible, understandable, and doable by individuals at any level of fitness. The class will also incorporate basic fitness concepts to strengthen and tone.

No special clothing is required, but something loose or stretchy is recommended. A "sticky" mat is highly recommended for safety purposes. If you have questions about what to buy, please email Amy Matthews before you purchase a mat. Not all fitness mats work well for yoga.

Classes will be offered once per week through Aug. 26. The classes will be held from 4:45 to 5:30 p.m. in the Becic Dining Room. Classes are appropriate for all fitness levels and yoga beginners.

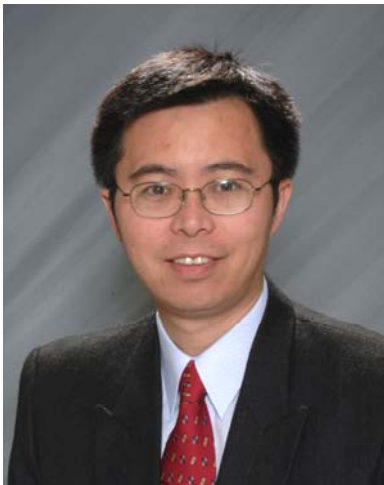
The cost of class is \$12 per session (1 session = 6 weeks) for ONE class per week. OR, you can pay as you go for \$2 per class. You can sign up by coming 10 minutes early to one of the classes. New participants are required to sign a waiver.

Email Amy Matthews at amymatthews@creighton.edu for questions about yoga or to sign up.

Health Science Library: Business Resources Available at your Library

Attention Administrators: Did you know you have access to many resources that can help you do your job? The Health Sciences Library provides access to many business resources. We have news, legal and business databases such as Academic Universe, Business Source Premier, ABI Inform and LegalTrac. There are also hundreds of journals in business and economics available full-text through our Practice Management/Health Administration resources page at: <http://hsl.creighton.edu/resources/practicemanagementhealthadministration>. The reference desk staff can also provide free literature search services.

Keli Mu Named Creighton Chair of Occupational Therapy



Keli Mu, Ph.D., has been named chair of the Department of Occupational Therapy (OT) for the Creighton University School of Pharmacy and Health Professions.

Mu, an associate professor of occupational therapy, joined Creighton's faculty in 1998; most recently he served as interim chair for the OT department.

"Dr. Mu has the vision as well as the academic, professional and leadership skills to keep Creighton's Department of Occupational Therapy at the forefront of the field – in education, research, patient care and community involvement," said J. Chris Bradberry, dean of the School of Pharmacy and Health Professions.

Mu serves on the editorial boards of Occupational Therapy International, Journal of Allied Health, and Physical and Occupational Therapy in Pediatrics. His areas of interest include evidence-based practice, school-based occupational therapy practice, interdisciplinary education, and patient safety in occupational therapy.

He holds a Bachelor of Science degree in occupational therapy from Creighton University and a Doctor of Philosophy degree from the University of Nebraska, Lincoln.

As chair of occupational therapy, Mu will head a department that has long been recognized as a leader in the profession. In 1999, the department became the first in the nation to offer an entry-level doctoral degree in occupational therapy. In 2007, Creighton partnered with the University of Alaska to launch a distance-learning, [entry-level doctoral pathway](#) in occupational therapy in Anchorage, designed to address Alaska's critical shortage of occupational therapists.

Healthy at Tenet: Employee Participation Update



The wellness committee is pleased with the current participation in the Healthy at Tenet wellness program. Currently the hospital is in third place for total points and 16th place for average points for employees.

Nursing employees reached 23 percent of the incentive goals and are currently at 24 percent with three months remaining.

We have 776 full-time, benefit eligible employees signed up on the website. Over 312 employees and their spouses have completed the Health Assessment and earned over 100 points. There are over 101 employees who have earned between 75-99 points. With these great results we have over 350 employees who will be eligible for the Tenet drawing on August 1 for one of five Wii Fit packages.

Upcoming deadlines:

August- Tenet drawing for Wii Fit packages. Employees must reach 75 points to qualify.

October 1- CUMC wellness committee drawing for employees who reach 100 points and complete the Health Assessment.

October 31- Deadline for the 2011 insurance incentive. Employees who reach the goal will see their incentive dollars in January, usually the second pay period.

If you have questions or need help logging into Healthy at Tenet (day or night) email Mary Schwery at mary.schwery@tenethealth.com and she will find you someone to help you participate and take advantage of the insurance rewards.

Parking Reminder for Employees



As you know, Creighton University Medical Center has excellent health services at our campus. CUMC employees make use of these wonderful services on a daily basis. For that reason, we wanted to remind everyone of the employee parking procedures while utilizing CUMC healthcare services as a patient or visitor.

- Employee patient or visitors can park in any visitor lot. Please try not to use the Emergency parking lot if possible.
- Call the Security Control Center at 449-4090 before coming in for an appointment and give the SCC Officer the following information:
 - Name
 - ID tag number (the number on the blue sticker)
 - Make and model of vehicle
- You may notify the SCC Officer of multiple visits with one phone call. However, please keep the notifications to current week appointments.
- If you need to come to CUMC for urgent care needs you do not need to call.

If you are ticketed while receiving healthcare services:

- Don't worry, bring the ticket to the Security Control Center and explain to the SCC Officer that you were in receiving services.
- In some cases, the appointment may need to be verified. If you have any supporting documentation, please share it with the Officer.

Please remember that your Safety & Security department is here to assist you as an employee and as a patient or visitor. If you have any specific questions or requests contact the Security Control Center at 449-4090.

Public Asked to Bring Excess Garden Veggies to Feed Those in Need



WOWT Channel 6, Creighton University Medical Center and Creighton Medical Associates invite Omaha to help feed neighbors in need Saturday, August 7 and Sunday, August 8

at the Omaha Farmers Market. The public is asked to bring their surplus homegrown bounty—fruits and vegetables – and other non-perishable food items to the Market for donation to the Together, Inc. Food Bank and Pantry.

Together, Inc. offers free services, primarily the basic necessities including food, clothing and shelter, to the homeless and near-homeless in the Omaha community. The Together, Inc. Food Bank and Pantry is open to families four days every week, offering fresh and canned foods, personal hygiene items and baby products.

At the Omaha Farmers Market on Saturday, August 7, from 8 a.m. to 12:30 p.m. in the Old Market and on Sunday, August 8, from 10 a.m. to 2 p.m. at Aksarben Village (67th & Center Streets), areas will be available for Market-goers to donate fresh excess from their home gardens, as well as non-perishable food items, to help stock the pantry shelves.

“We are so grateful to our local growers for supporting our community,” said Erin Stoll with Together, Inc. “When people think about a food pantry, what to donate and what is distributed, fresh fruits and vegetables probably don’t top the list. At Together, Inc. we are proud to give local produce to the growing number of families in Omaha who need it most this summer.”

Join the Creighton and Creighton University Medical Center Corporate Cup Team



Join the Creighton/CUMC team to walk, jog or run at the 30th Annual American Lung Association Corporate Cup on Sunday, Sept. 19. [Click here](#) then click on the Corporate Cup icon to get more information and to get registered

today.

The Creighton Employee Wellness Program sponsors the team fee and post race breakfast for all team members. You must register by Sept. 3 to receive a team t-shirt. Your tax deductible registration goes to help make a difference in the lives of over 200,000 Nebraskans affected by lung disease. Sign up and start training today!